

1 THESSALONIANS

A FUTURE
WITHOUT FEAR

For eight weeks we are walking through the book of 1 Thessalonians together. Whether you're part of a community group or would like to study alongside the VFC community on your own, below is a reading plan that goes along with the Sunday teaching. Each week we'll walk through a particular passage from 1 Thessalonians and will be using the **Insights on 1 & 2 Thessalonians Commentary by Charles Swindoll** ([available on Amazon](#)). Join us as we embark on this journey together!

There are also online standalone (*can attend one, two, or more*) labs that you can attend on Monday evenings from 7pm-8:30pm. These labs are designed to be a highly engaging time together comprised of teaching, zoom breakouts to discuss the content, large group Q&A and some helpful clear next steps for those who need further assistance. You can sign up for one or more labs [HERE](#).

READING PLAN

Week of February 7 - February 13

Introduction to 1 Thessalonians

Watch Bible Project Video:

<https://bibleproject.com/learn/1-thessalonians/>

Week 1 - February 14 - February 20

1 Thessalonians 1:2-10

Week 2 - February 21 - February 27

1 Thessalonians 2:1-20

Week 3 - February 28 - March 6

1 Thessalonians 3:1-13

Week 4 - March 7 - March 13

1 Thessalonians 4:1-12

Week 5 - March 14 - March 20

1 Thessalonians 4:13-18

Week 6 - March 21 - March 27

1 Thessalonians 5:1-11

Week 7 - March 28 - April 3

1 Thessalonians 5:12-28

LABS

Monday, February 22

Finding Hope in Isolation & Loneliness

Monday, March 1

Finding Hope in Chronic Pain (physical pain)

Monday, March 8

Finding Hope in Financial & Career Uncertainty

Monday, March 15

Finding Hope in Loss & Grief (death, suffering, unanswered questions)

Monday, March 22

Finding Hope in the Chaos of this world (emotional/mental stability, spiritual warfare)

Monday, March 29

Finding Hope in Family Conflict/Pain (relational conflict)

SIGN UP FOR ONE OR MORE LABS [HERE](#):

<https://wgchurch.wufoo.com/forms/finding-hope-in-hard-times/>